Benefits and Downsides of Genetic Testing for Families

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Five Generations of Deaf and Hard of Hearing Family Members



The Early Days

We said "no" to genetic testing

Did not feel a need to know "why"

It was not covered by insurance



The World Wide Web Influence

"It's probably Connexin, that's the most common genetic reason."

"I'm pretty sure you have Enlarged Vestibular Aquaduct Syndrome due to hearing loss from hitting your head."

"I've never heard of a family like yours!"



Getting Answers

Mutation: 7510T>C of the tRNA^{Ser(UCN)} gene

One of THREE families in the world (now four)

Passed on through mothers 100%



We were not prepared for the EMOTIONAL impact of genetic testing





The Benefits of Genetic Testing

Getting answers to the questions on your mind

Having a "diagnosis" or explanation

Better understanding of how the gene moves through your family

Can pave a path forward for the family

Becomes part of the family's story

With More Information... Comes More Questions Do families WANT to know answers?

Do families NEED to know answers?

HOW will families use the information?



The Most Important Question:

How will I FEEL after getting this new information?

From a Genetic Counselor Erica Wright:



"There's no 'right' time for genetic testing."

"Your genes don't change."

"Testing later may bring more advanced information."



When Genetic Testing Reveals "Even More"

Families seek answers to find out the "why" of hearing loss

Specialist uncovers genetic information that reveals a syndrome or additional information



The Emotional Impact of Genetic Testing

- The information is lifelong
- There's no going back
- Can impact future generations
- Brings on "Labeling"



Should ALL Families Test for Genetics?

Write out the pros and cons

Does the family need/want more information?

Consider the emotional impact

Work with a Genetic Counselor before and after testing

A New Family Member to Add to the Mix



Misdiagnosed with EVA

Benefitted from our genetic testing

Provided answers to questions he had wondered about for years



What Scientists call a "Mutation"

I call a "Beautiful Journey"

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