



UtahStateUniversity

The Importance of Parent Involvement: Incorporating Goals and Targets Into Everyday Routines

Marissa Peak, B.S. (M.Ed candidate)

Lauri Nelson, Ph.D.



Introduction

- By incorporating meaningful and goal-oriented activities into children's daily routines, parents can provide their child with the necessary support and exposure to learning opportunities that promote language, literacy, and academic foundations in preparation for transition into the kindergarten classroom.

Academic Supports

For several parent-friendly resources, please visit heartolearn.org

<h3>COUNTING AND GRAPHING</h3> <p>LET'S COUNT AND GRAPH!</p> <p>Count all of the space items and graph the number of items that are on the page.</p> <p>MATERIALS NEEDED:</p> <ul style="list-style-type: none"> Space Counting and Graphing PT Coloring pencils <p>PREPARATION:</p> <ol style="list-style-type: none"> Print out the Space Counting and Graphing PDF. <p>VOCABULARY:</p> <ul style="list-style-type: none"> Space Count Graph Planet Star 	<h3>JAM PATTERN</h3> <p>Patterns that is out of this world!</p> <p>Patterns are a building block for math and language. Use this fun, space-themed pattern to help your child learn about patterns.</p> <p>MATERIALS NEEDED:</p> <ul style="list-style-type: none"> Space Jam Patterns PDF Scissors Glue <p>PREPARATION:</p> <ol style="list-style-type: none"> Print out the Space Jam Pattern PDF. Cut out the space pieces. <p>VOCABULARY:</p> <ul style="list-style-type: none"> Space Planet Star Planet Star 	<h3>THE BUNNY</h3> <p>Hide Knuffle Bunny?</p> <p>Stories with language is an effective way to help your child with hearing loss have extra exposure to language.</p> <p>MATERIALS NEEDED:</p> <ul style="list-style-type: none"> Book: Knuffle Bunny by Mo Willems Child-friendly knuffed Knuffle Bunny Print Out <p>PREPARATION:</p> <ol style="list-style-type: none"> Print out the Knuffle Bunny Print Out. Read the story together with your child. <p>VOCABULARY:</p> <ul style="list-style-type: none"> Bunny Hide Find 	<h3>Bath Songs</h3> <p>Use fun songs to promote listening, language, and vocabulary.</p> <p>MATERIALS NEEDED:</p> <ul style="list-style-type: none"> Song Lyrics PDF <p>PREPARATION:</p> <ol style="list-style-type: none"> Read through the lyrics with your child. <p>VOCABULARY:</p> <ul style="list-style-type: none"> Yummy Brush Water Soap Bubble Shampoo Conditioner Rinse Wash Scrub Wipe Pat Dry
---	---	--	--

MATH

- Incorporating math concepts into your routine can be simple! You can count objects, talk about shapes that are in your environment or make patterns with toys.

LANGUAGE

- Using the LSL strategy acoustic highlighting is a great tool to teach new language. Emphasize the target language to engage your child into paying more attention to the words!

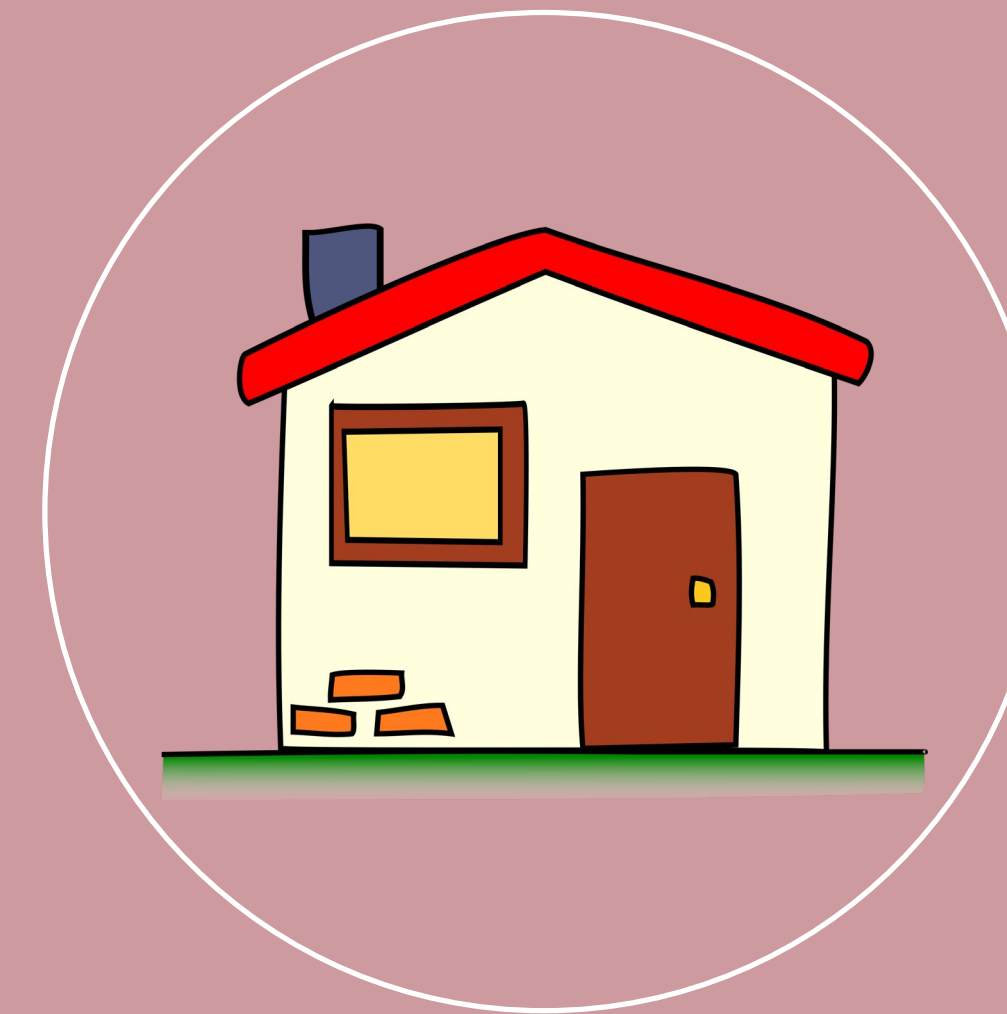
LITERACY

- Read with your children everyday! Books provide your child with multiple opportunities to learn new vocabulary, concepts, and spark their curiosity!

MUSIC

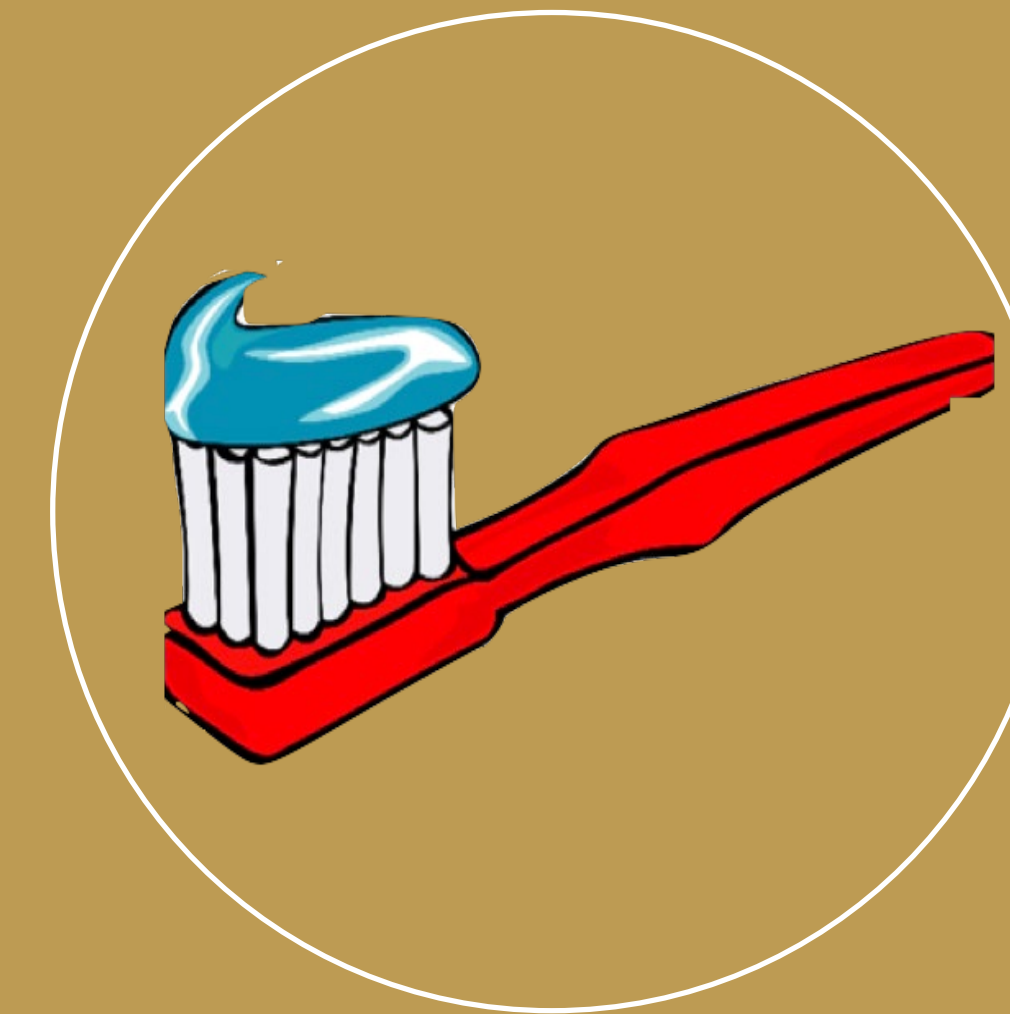
- Music is a fun and exciting way to help children learn language, develop listening skills, attend to the sounds they hear! Use songs at home to give directions and help your child transition to the next part of their day.

Develop Your Daily Routine



WAKE UP

Incorporate songs to start the day. Once your child is familiar with the song, use auditory closure to have him fill in the missing piece. For example: "Twinkle, twinkle little . . ." Use wait time to give him an opportunity to come up with the word "star".



BATHROOM/BRUSH TEETH

Give your child directions to sequence a series of events. You can do this in the morning and at night. Example: "First go to the bathroom, then wash your hands, and then brush your teeth."

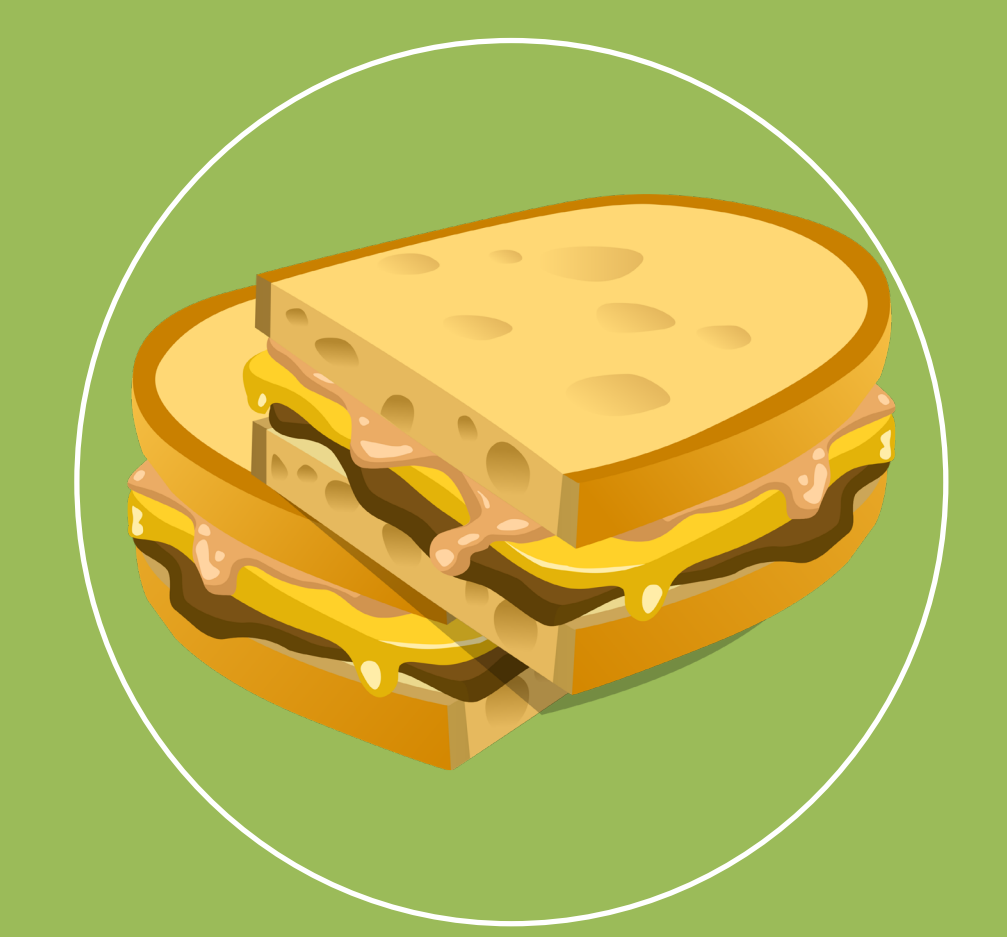


GETTING DRESSED

While getting dressed, give your child the opportunity to request the clothing items she wants to wear. Ask questions like, "What would you like to wear today?"

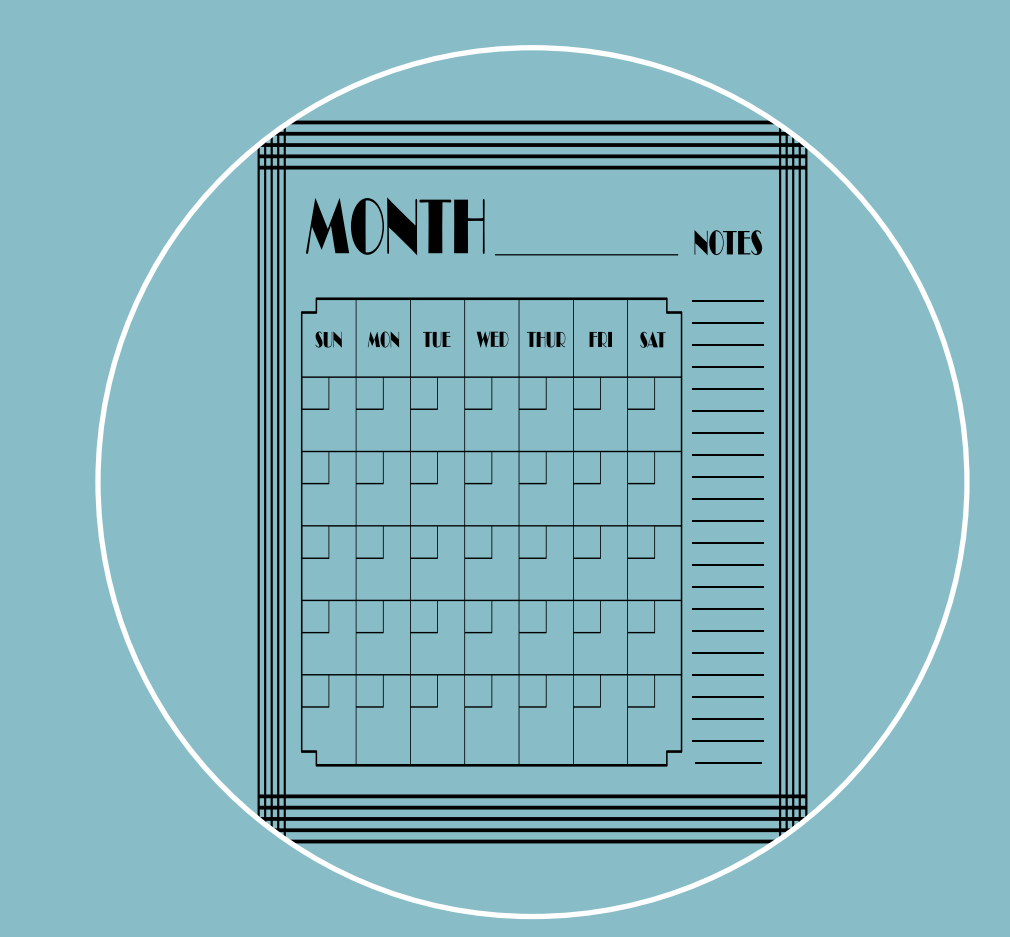
Sequence the clothing items for your child to put on. "Put on your yellow shirt and then your blue jeans."

Talk about the weather and what type of clothing you wear for the weather that day.



BREAKFAST/LUNCH/DINNER

Use mealtime as an opportunity for requesting. Give your child small portions so he has multiple chances to request for more. Use phrases such as, "May I have more?" Food items also provide fun opportunities to use descriptive language, such as cold milk, crunchy chips, sour grapes, squishy bananas



PLAN FOR THE DAY

Talk about the day's events and specific activities that your child will participate in.

Sequence your day by using language such as "first and then". For example, "first, we will go to the store, and then we will go to grandma's house!"



BEDTIME

Read a book with your child every night. Pick descriptive vocabulary words to teach while reading. Use auditory sandwich to teach the complex vocabulary word. Choose vocabulary words that are appropriate for your child's age.

Sing a goodnight song with your child.