

# Caring About Counseling: The Family's Journey



## The NC EHDI Plan

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EHDI Conference 2011  
Atlanta, Georgia

Focus on Active Listening and Shared Experiences

**The CARE Project (501 (c) 3)**

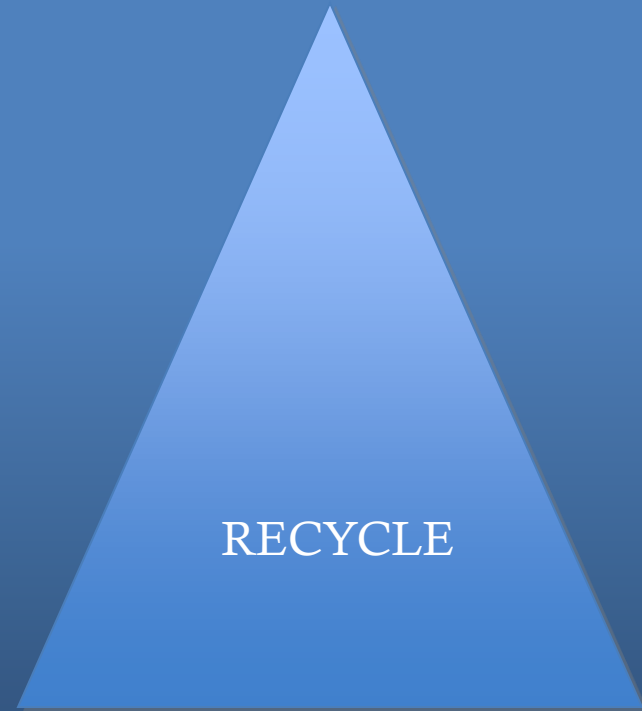
**Johnnie Sexton, Au.D.**

**Executive Director**

# Emotional Stages

## Sexton, 2010

- Shock
- Denial
- Pain
- Anger
- Depression
- Acceptance
- Advocate



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- CARE fills a gap in service delivery
  - Creates a bridge between the shock of “the news” and acceptance/advocacy
- CARE provides a set of tools
  - Workshop/counseling materials
  - Literacy materials
    - For home and classroom use

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- Parents/families
  - One on one meetings with parents
    - Share filmed stories of others
    - Private time to discuss feelings and insecurities
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- Professionals/Pre-professionals
  - Sensitivity Training/Staff Development
  - Audiologists, speech language pathologists, teachers, counselors...all professionals who work with these families

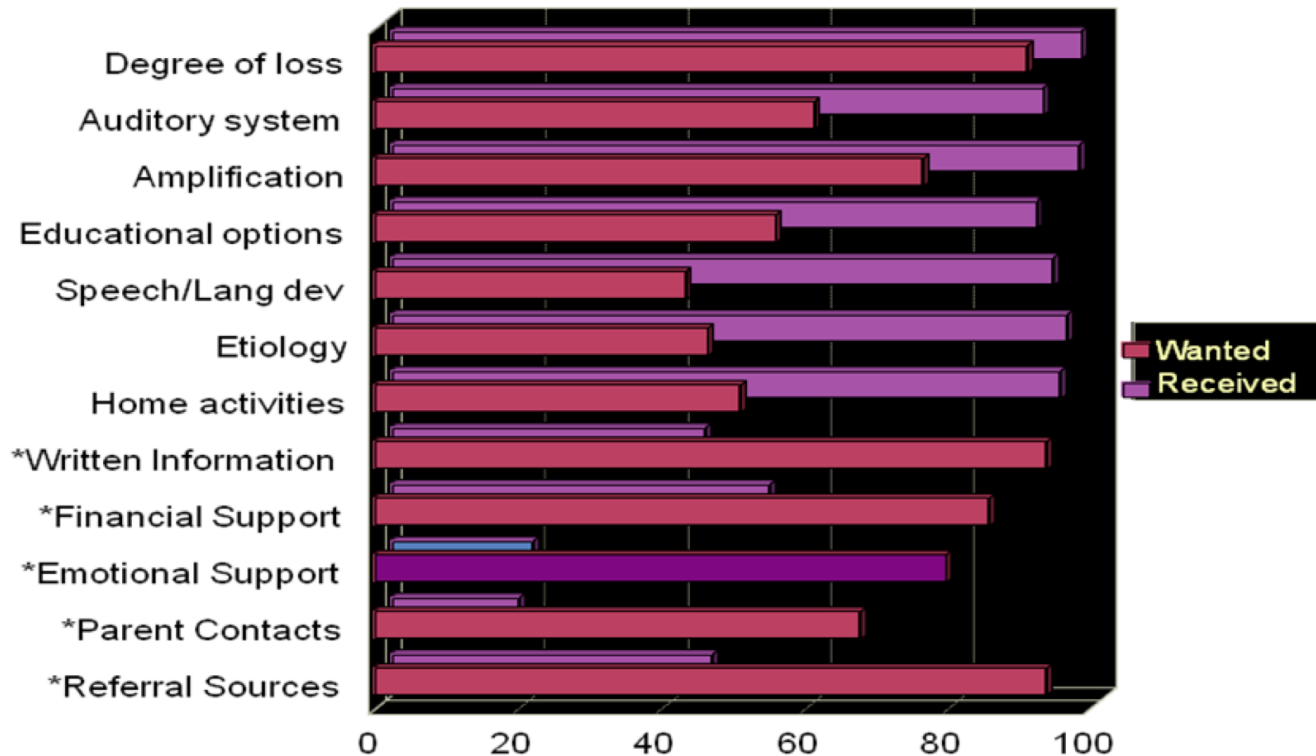
EHDI/CARE Collaboration

**KATHLEEN WATTS**  
**PROGRAM MANAGER**  
**NC EHDI**



# What Parents Want vs Receive

## Information Wanted vs. Received by Parents at Hearing Loss Confirmation



Martin, George, O'Neal, & Daly (1987); \*Sweetow & Barrager (1980)

Slide provided by David Luterman via Karen Anderson.

# Why CARE?

The image features a blue gradient background that transitions from a lighter blue at the top to a darker blue at the bottom. A curved white line separates the top white area from the blue gradient. The text "Why CARE?" is centered at the top in a blue, serif font.

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- CARE helps individuals express their emotions in a safe, supportive environment
- CARE is flexible
  - ~ can be used with varying sizes of groups
  - ~ can be done all in one session or broken into several sessions
  - ~ can be used for parents or professionals

# CARE Project Components



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Workshop

~ Slides for teaching/facilitating

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## Workshop/Counseling

- ~ Slides for teaching/facilitating

- ~ Documentary film (captioned and uncaptioned)

- ~ 7 personal “stories” told by people whose families have included one or more persons with hearing loss



# CARE Project Components

## Workshop/Counseling

- ~ Slides for teaching/facilitating
- ~ Documentary film (captioned and uncaptioned)
  - ~ 7 personal “stories” told by people whose families have included one or more persons with hearing loss
- ~ Grief Analysis Grid
  - ~ Designed to engage participants in active listening

# Grief Analysis Grid

## The CARE Project: 7 Stages of Grief Analysis Grid Worksheet

Name:

Date:

### I. Documentary Segments Checklist

	Shock	Denial	Pain	Anger	Depression	Acceptance	Advocate
Pam							
Kyle							
Daisy							
Aaron							
Jackie							
Linda							
Joey							
Tanner							
Mark							
Robin							
Wylene							

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- ~ Break the workshop into shorter sessions
- ~ Include professionals who can help facilitate on-going interaction

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- ~ Include professionals who can help facilitate on-going interaction

Areas where there is an existing support group:

- ~ Do one-day workshop for families and professionals

# Details

The image features a solid blue background with a subtle gradient, transitioning from a lighter shade at the top to a darker shade at the bottom. A smooth, curved white line arches across the top of the frame, creating a header area. The word "Details" is centered within this white area in a blue, serif font.

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- At least one parent who attended our start up meeting is attending the local workshops
- Parents and professionals attend together and become partners in the process

One family's experiences

**PARENTS AND  
PROFESSIONALS MUST  
BECOME PARTNERS**

The CARE Project Experience

**SANDY SIMPSON**  
**PARENT**







Grief

**PARENTS WANT  
EMOTIONAL SUPPORT**



# *CARE* is a Beacon of Hope for Families and Professionals

Sheds light on emotional issues of hearing loss and its  
impact on families, caregivers and professionals



Artwork: “Baldydelic“ by Xris Kessler, acrylic on canvas, 2009.

# Thank You!

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