

Health Resources and Services Administration Maternal and Child Health Bureau

UNIVERSAL NEWBORN HEARING SCREENING

Irene Forsman March 2006



HISTORY

- Healthy People 2000
- 1988 Utah State University pilot in Rhode Island, Utah and Hawaii
- 1995 Technical Assistance by University of Colorado
- 1999 Legislation



HR\$A Charge

- Develop and monitor the efficacy of statewide newborn and infant hearing screening, evaluation and intervention programs
 - (Early Intervention is defined in the law as referral to schools and agencies including community, consumer and parent-based agencies and programs mandated by Part C...)



HR\$A Charge cont'd

 Collect data on screening, evaluation and intervention...systems that can be used for applied research, program evaluation and policy



HR\$A's Program

- Universal newborn hearing screening prior to discharge
- Liinkage to a medical home
- Audiologic diagnosis before 3 months
- Enrollment in a program of early intervention before 6 mos
- Linkage to family- to- family support



Collaboration

- Centers for Disease Control and Prevention
- National Institute of Deafness and Communication Disorders
- Dept of Education
- Administration on Children and Families' Head Start Bureau
- American Academy of Pediatrics
- Family Voices



March 2006

- 55 States/Territories funded
- TA center continued



Other Activities

- Intra-Agency Agreement with CDC to examine reasons for loss to followup
- State Chapter "Champion" program with American Academy of Pediatrics
- Head Start Screening Activities
- Literacy contracts
- JCIH 2006 Statement



Performance Measures

- 2005 All MCHB Discretionary Grant Programs report on selected performance measures
- Demographic and fiscal data



Purpese

- GPRA requirements
- Establish measurable goals
- Reported in budgetary process
- Link funding decisions with performance



Other Activities cont'd

- Series of targeted issues meetings
- Training grant targeted to audiologists
- Evaluation contract
- Learning Collaborative



Experience

- 93% of newborns are screened
- Data for about 40-50% of infants needing some f/up are missing
 - protocols for communication of screening results to parents uncertain
 - too few pediatric audiologists
 - health care professionals not all well informed of consequences of hearing loss
 - data and tracking systems not mature



Contact Information

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The Status of EHDI Programs in the USA



presented by

Karl R. White

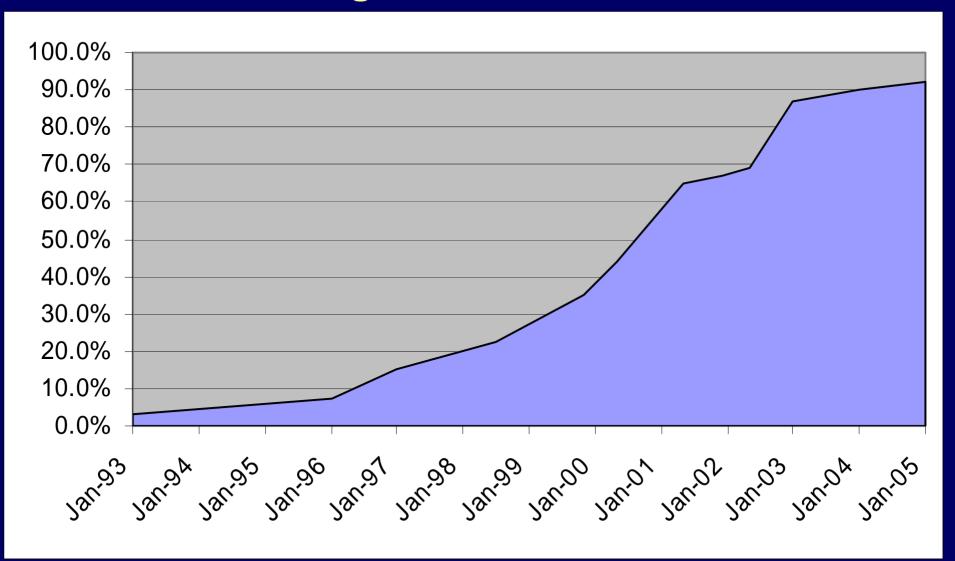
National Center for Hearing Assessment and Management www.infanthearing.org

at

LEND Seminar on Newborn Hearing Screening

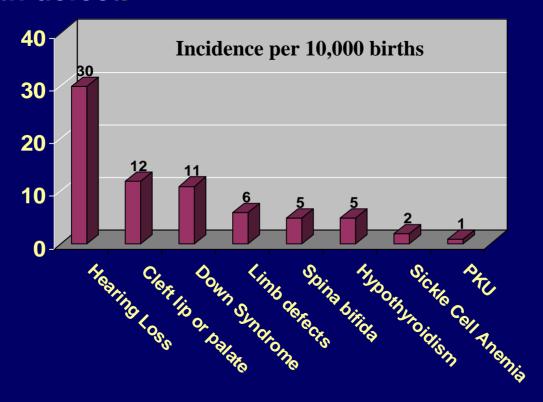
Logan, Utah March 3, 2006

Percentage of Newborns Screened for Hearing in the United States



Why is Early Identification of Hearing Loss so Important?

Hearing loss occurs more frequently than any other birth defect.



- Undetected hearing loss has serious negative consequences.
- There are dramatic benefits associated with early identification of hearing loss.





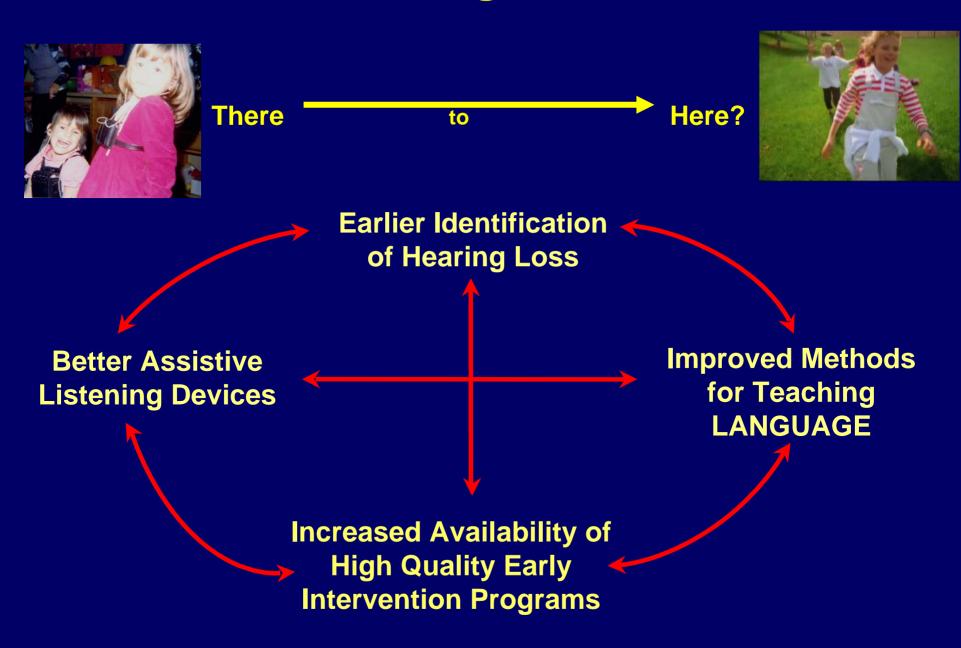




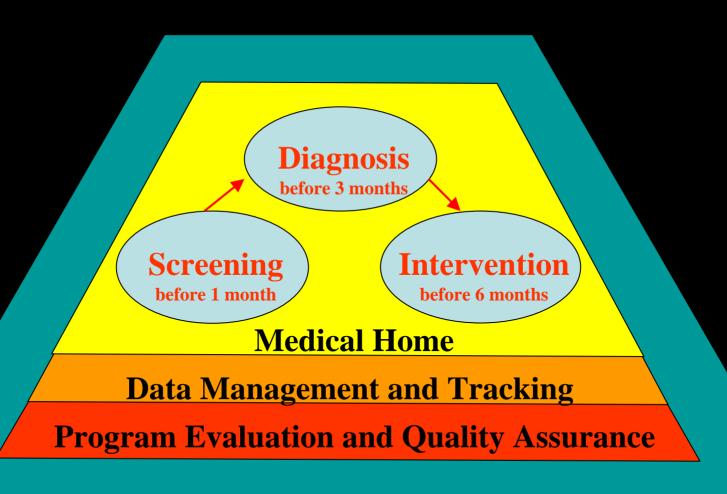




How have we gotten from.....



Essential Components of a Successful Early Hearing Detection and Intervention (EHDI) Programs



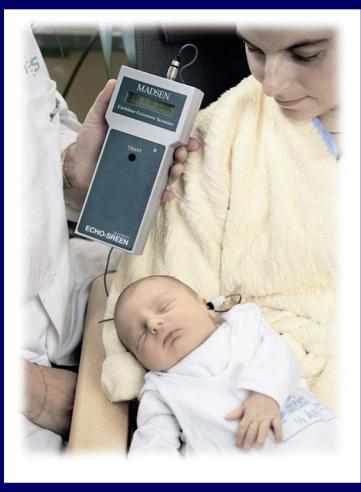




Family Support!!

Status of EHDI Programs in the US

Universal Newborn Hearing Screening



- With ~95% of infants screened, newborn hearing screening has become the accepted standard of care
- There are hundreds of excellent programs - regardless of the type of equipment or protocol used
- Some programs are still struggling with high refer rates and poor follow-up
- Only 40% of states have system to attempt screening of home births
- 35% of states collect data on JCIH Risk factors



Status of Hearing Screening Practices in "Head Start Programs



All children are supposed to receive a hearing screen within 45 days of enrollment; however:

- Most programs rely on subjective screening methods such as hand clapping, bell ringing, and parent questionnaires to screen children 0 − 3 years of age
- Most programs did not know that OAE technology existed or could be used with young children

The Hearing Head Start Project

- Feasibility study from 2001-2004
- 69 programs participated
- 3486 children screened





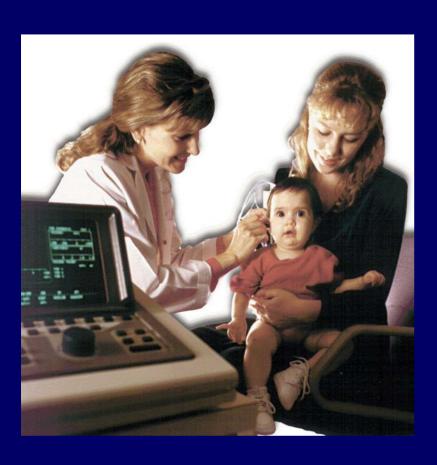


OAE Screening/Referral Outcomes

78 children identified with a hearing loss or disorder:

- 6 permanent hearing loss
- 63 serious otitis media requiring treatment
- 2 treated for occluded Pressure Equalization tubes
- 7 treated for excessive ear wax

Status of EHDI Programs in the US: Audiological Diagnosis



- Equipment and techniques for diagnosis of hearing loss in infants continues to improve
- Severe shortages in experienced pediatric audiologists delays confirmation of hearing loss
- State coordinators estimate only 62% "receive diagnostic evaluations by 3 months of age

Status of EHDI Programs in the US:

Early Intervention



- Current system designed to serve infants with bilateral severe/profound losses---but, majority of those identified have mild, moderate, and unilateral losses
- State EHDI Coordinators estimate:
 - Only 55% of infants with hearing loss are enrolled in El programs before 6 months of age
 - Only 12% states notify EI system about screening results
 - Only 36% know whether hearing screening is done in early intervention programs

Part C of the Individuals with Disabilities Act (IDEA, 1997)

a)...A statewide system...shall include, at minimum, the following components

- 1. Definition of eligibility criteria
- 2. Statewide policy to ensure services to all infants and toddlers
- 3. Timely, comprehensive multidisciplinary evaluation
- 4. An individualized family service plan (IFSP) for all identified children
- 5. Comprehensive child find system
- 6. Public awareness program

- 7. Central information directory of services
- 8. Comprehensive system of personnel development
- 9. A lead agency
- 10 Procedural safeguards
- 11. State interagency coordinating council

Federal regulations for IDEA require all states to provide Part C services to any child who:

- (i) is experiencing developmental delays, as measured by appropriate diagnostic instruments and procedures in one or more of the areas of cognitive development, physical development, communication development, social or emotional development, and adaptive development; or
- (ii) has a diagnosed physical or mental condition which has a high probability of resulting in developmental delay.

Are Children with Hearing Loss Eligible for Part C Service?

- **55 of 55 (100%)** indicated that services would be provided to a child who had a diagnosed physical or mental condition with a high probability of resulting in developmental delay.
- 37 of 55 (67%) listed hearing loss, auditory impairment, deafness, or something similar as one of the specific conditions.
- Only 7 of 55 (13%) of the State Plans provided any kind of operational definition that could be used to determine if a specific child with hearing loss would be eligible.
- Twelve other states (22%) provided some type of operational definition for hearing loss in other documents.

What Is a Medical Home?



American Academy of Pediatrics

- A primary care physician provides care which is:
 - Accessible
 - Family-centered
 - Comprehensive
 - Continuous
 - Coordinated
 - Compassionate
 - Culturally effective

Status of EHDI Programs in the United States

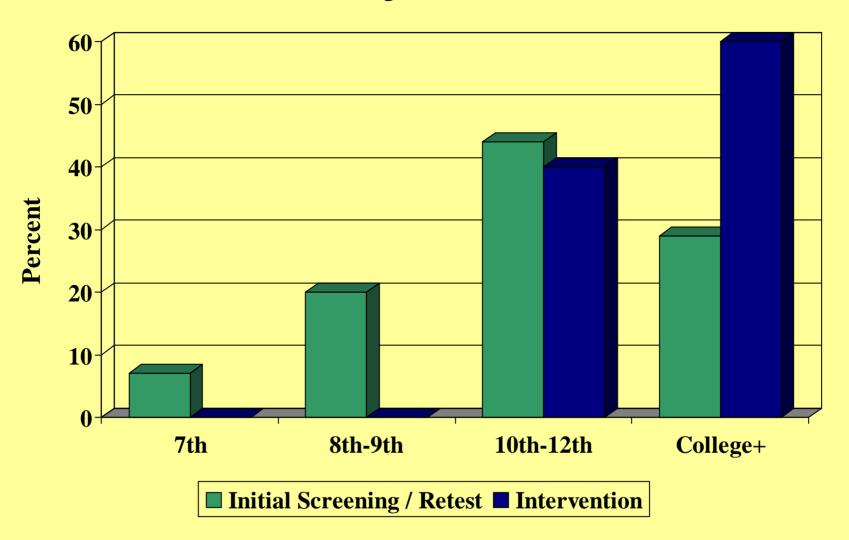
- Universal Newborn Hearing Screening
- Effective Tracking and Follow-up as a part of the Public Health System
- Appropriate and Timely Diagnosis of the Hearing Loss
- Prompt Enrollment in Appropriate Early Intervention
- A Medical Home for all Newborns
- Culturally Competent Family Support

Do current EHDI materials work?



Brochure Readability

Gold Standard Readability: ≤6th Grade



Newborn Hearing Screening Tool Kit

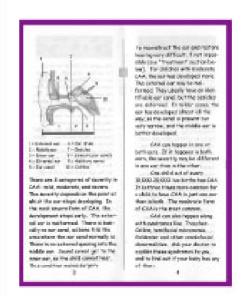
1. Is the layout user-friendly?

First impressions are important!

Does the pamphlet:

- Have ample white space ?
- Limit paragraphs to 4 to 5 lines?
- Use bullets, boxes, indentation, bolding, vertical lists?
- Use bifold rather than trifold format?
- Use font that is 12 point or larger?
- Avoid use of ALL CAPS, italics and Specialty fonts in large blocks of text?

Examples that illustrate key points:



This layout lacks white space, headings. and attractive graphics that would help make the text easier and more inviting to read.

Why does my baby need another hearing test?

- Some bables new need another test because: Philips in other conv. Hole was remise a lat Hole has harries has
- Most higher who need producted best have normal hearing. Some will have begring lives.

Why is it important to have another hearing test es seon as possible?

- Setting is the only way to know it a body has a feating less.
 The earlier a hearing loss is feated, the better it is for a baby.
 Eyeur hole has a feating less, there are many ways we can halp your holy.

Finding hearing lass early can make a big. difference in your baby's life.



This loyout has ample "white. space", a bold heading, a clear illustration, and bullets that make the text easier to navigate.

Sunday, May 8, 2005.

Hearing needs are going unheard for kids in Utah

By Amy Joi Bryson

Deseret Morning News

PLEASANT GROVE — Two years ago, Norm and Taunya Paxton discovered silence had crept into their home - a silence that would forever change their life: They learned their middle child. Chance, was profoundly deaf.

"It's like being thrown into the deep end of the pool and not knowing how to swifm." Norm Paxton said.

to confront the mixed m doctors, the lack of coo advocacy groups and indifference of the iz

"There's absolu Paxton, "It was y Beyond con

the deep end of the pool

and not knowing how to

swim,"

The discovery left the \(\square \text{uple flailing in their efforts} \) ages they received from ated support from hearing they say is the surprising ce industry.

kuidance," said Taunya h shooting in the dark." new-found visability, the

₹ aids are not t hear by md vrivate health "It's like being thrown into largely ed as ce best le parents

> and while A ance or riders hids don't mak



Chance Paxton, left, who tums 5 today, hugs his friend, 5-year-old Payton McPhie.

chundred dollars to as much as

Keith Johnson, Desert Morning News

er dental, vision or even erectile

That can be problematic when the devices ran \$7,200.

"Part of the industry's denial process is a sensory issue," says Rich Harward, the st and vision services.

"Most plans pay for eyeglasses; very fe there are some out there who have helped,

The Paxtons, covered under Intermoun

"There's absolutely no guidance. It was worse than shooting in the dark."

er than speech

eption,

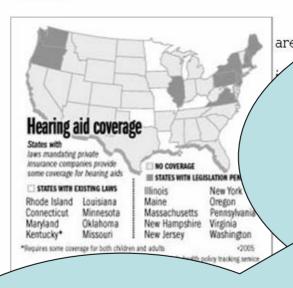
appeals, having been told by IHC officials early this year it would be "irresponsible" for them to modify their plan to include coverage.

8 states require hearing aid assistance for kids

Utah group hopes to get insurance firms to help

By Amy Joi Bryson

Deseret Morning News



"There is not an awareness out there. Another parent is going to find out their child is deaf and say, 'Thank goodness I have insurance' and the will find it isn't so. They will rough the same battle we have."

"The market is so incredibly price sensitive, we are being told to take away benefits rather than add them," said Kevin Bischoff, vice president of public and corporate affairs of Regence BlueCross BlueShield.

rent is going to find out their child is deaf y will find it isn't so. They will go through

www.infanthearing.org

NCHAM: Early hearing detection and intervention (EHDI) / universal newborn and infant hearing s - Microsoft Internet Explorer

Favorites Tools Help.

Address F http://www.infanthearing.org/

(((NCHAM

Special Report

U.S. Preventive Services Task Force Report on lewborn Hearing Screening

Site Guide

Our Background

National EHDI Technolal Assistance System

Research Projects

Sound Ideas Newsletter

Bulletin Board

Search Site

The Basics

EHDI Resource Center

lewborn Hearing Screening

Diagnostic Audiology

Early Intervention

Data Management

Family Support

Medical Home

National Center for Hearing Assessment and Management Utah State University™



Bulletin Board

My State







Bulletin Board



Home

2002 EHDI Meeting



Audiology Workshop



Newsletter

www.infanthearing

For Families

Early Hearing Detection & Intervention Information & Resource Center

In the information & resource center one will find a wealth of information and resources concerning the many dimensions of early hearing detection and intervention. Information and resources include some of the following

- Newborn Hearing Screening
 - o Calculating The Cost
 - o Implementation Guide
 - o Selectina Equipment
- Diagnostic Audiology
- Early Intervention
- Legislative Activities
- Data Management Family Gunnort

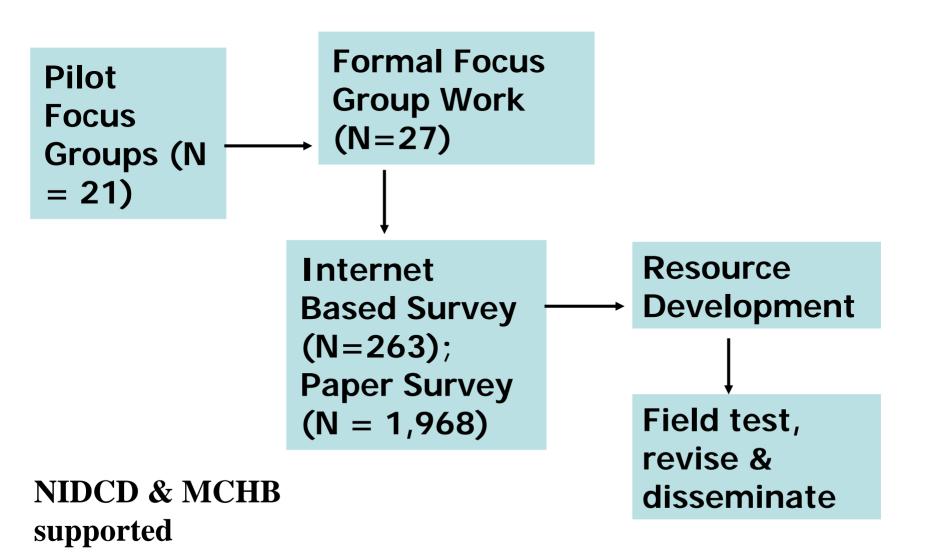
- National Technical Assistance System
- Status of EHDI in the U.S.
- · State EHDI Grants
- **Issues & Evidence**
- Slideshows & Videos
- Abstracts & Citations
- EHDI Bulletin Board
- Equipment Loan Program Linke

Physician Attitudes, Knowledge and Practices Related to NHS



Collaborative Effort of
BTNRH and NCHAM
Supported by NIDCD and MCHB

Project with Pediatricians



Survey Question Examples

• Attitudes:

- Do you think NHS causes parents undue anxiety or concern?
- Do you believe UNHS is worth what it costs?
- Please list any concerns you have about NHS, diagnosis and intervention.



Survey Questions Examples

Practices:

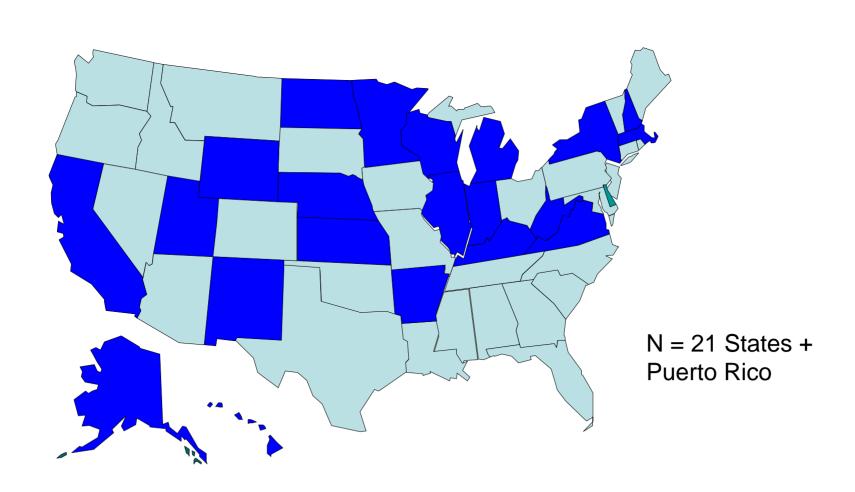
- Approximately how many children with permanent hearing loss (EXCLUDING OTITIS MEDIA) have you had in your practice over the past 3 years?
- List any specialists to whom you routinely refer the family of a child with permanent hearing loss (list the types of specialists).

Survey Question Examples

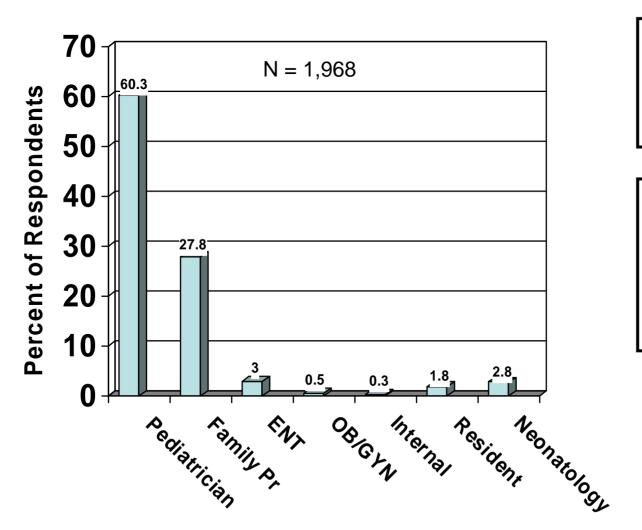
Knowledge:

- What is your best estimate of the earliest age at which:
 - A child not passing the screening should be seen for follow up testing
 - A child can be definitively diagnosed with permanent hearing loss
 - A child can begin wearing hearing aids
 - A child with permanent hearing loss should be referred to early intervention
- Enter age estimates

States Involved in Survey of Physicians



Physician Survey: Demographics



Gender:

53.2% Male

46.8% Female

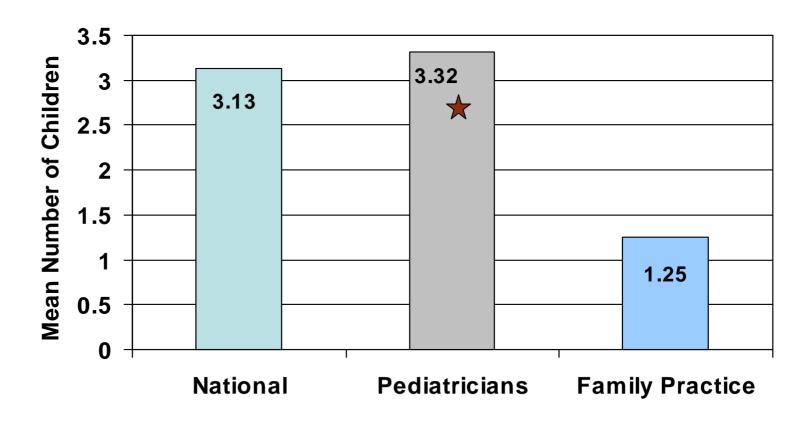
Location:

62.5% Metro

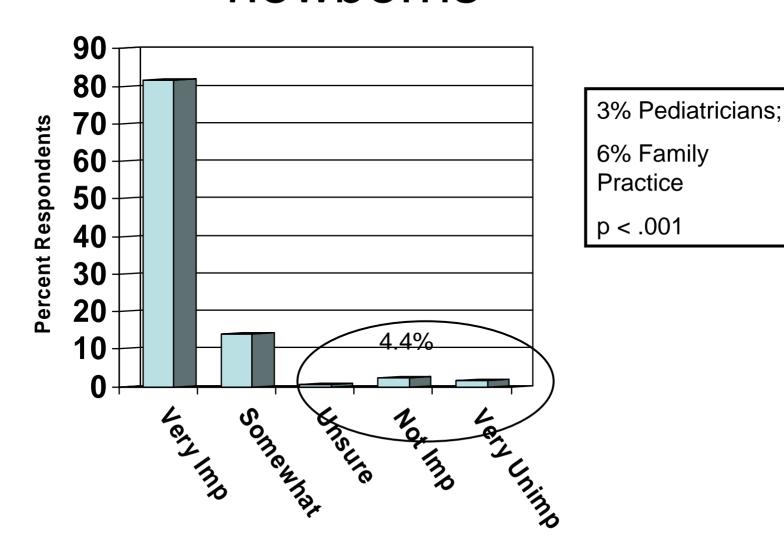
24.1% Small town

13.3% Rural

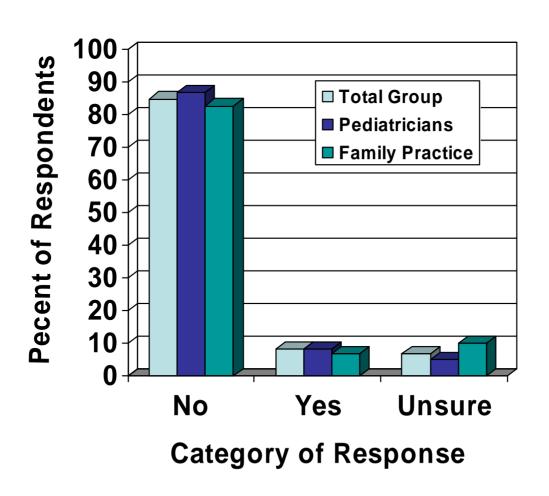
Children with SNHL in past three years of practice



Importance of testing all newborns



Does NHS cause undue parental anxiety?



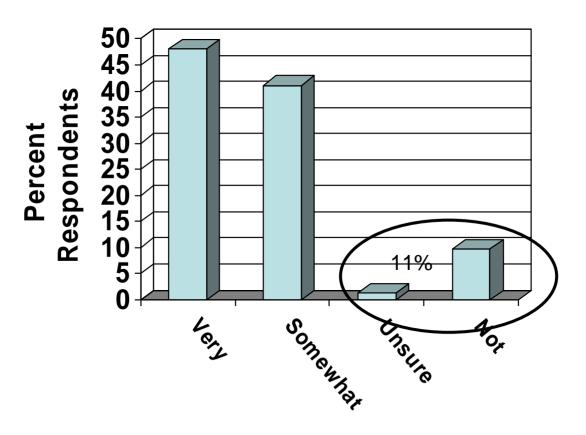
Things are changing...but

- 88.61% receive screening results
- But...12% 17% receive < 50% of results!
- 89.2% refer < 3 mos
- But...24.3% unsure NHS is worth what it costs

Concerns about NHS

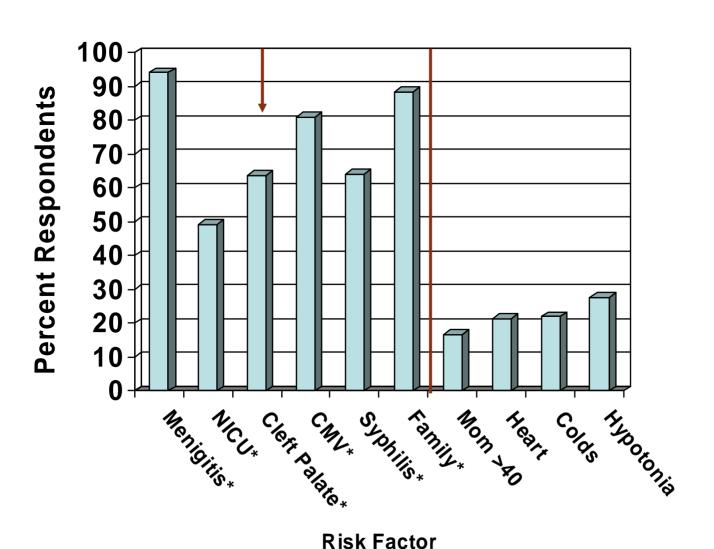
- Too many false positives
- Costs outweigh benefits
- Loss to follow up
- Need for training
- Unclear about procedures; complex
- Inconclusive results
- Need for parent education
- Need for funding & better equipment

Confidence in Counseling Parents following Screening

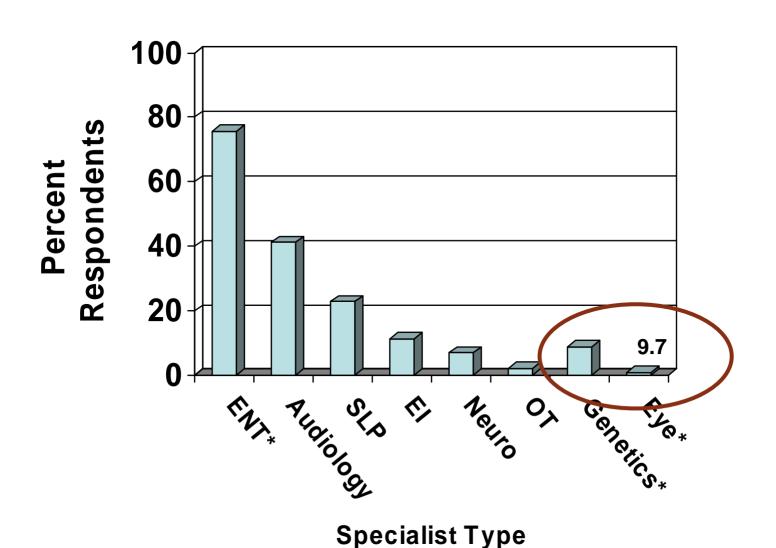


Level of Confidence

Risk for late onset SNHL

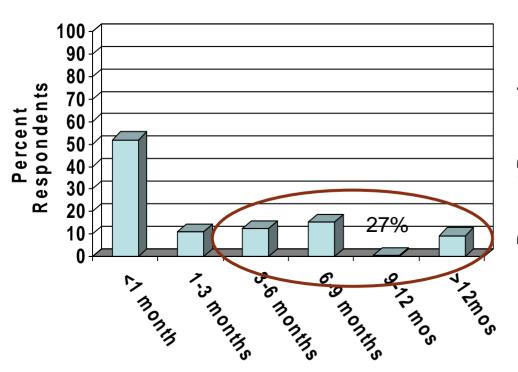


Referral to Specialists

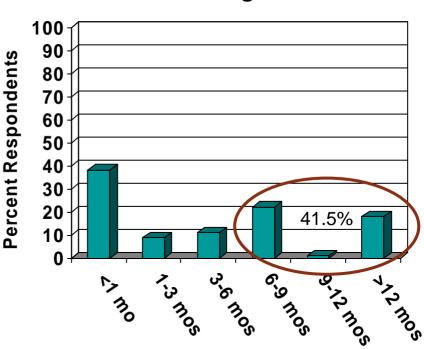


Follow Up & Intervention

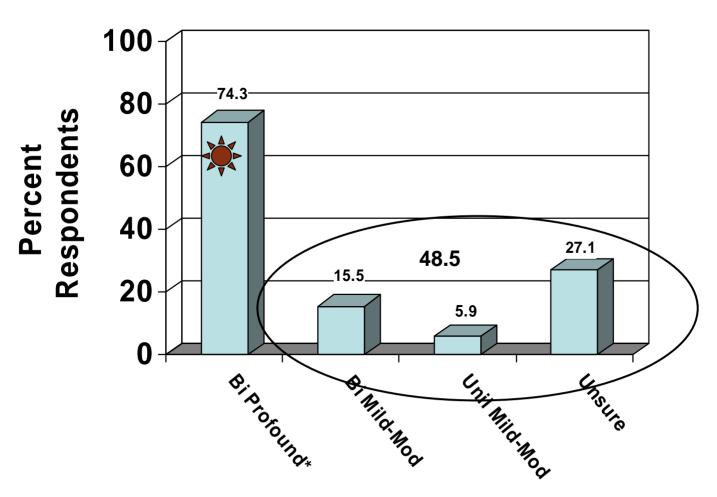




Wear Hearing Aids

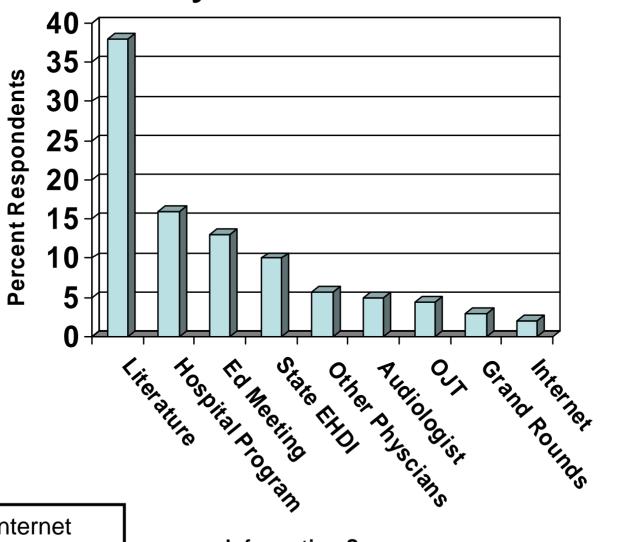


Candidates for Cochlear Implants



Hearing Loss Category

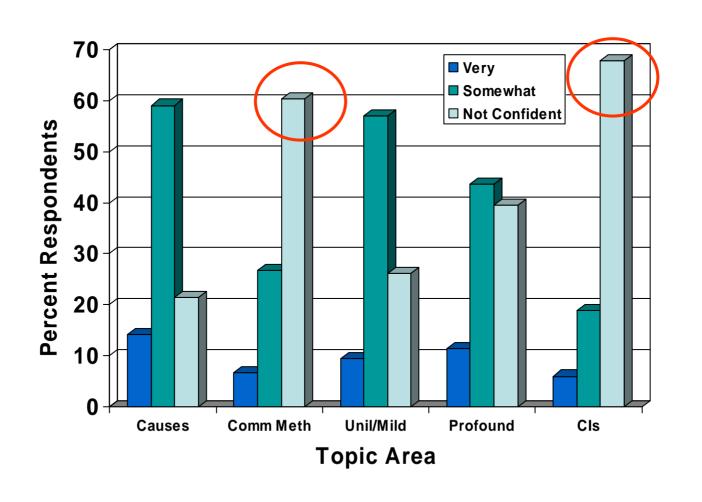
Primary Sources of Info on NHS



Frequent Internet Use = 51.7%

Information Source

Confidence in Talking with Parents about...



Policy Statement Awareness

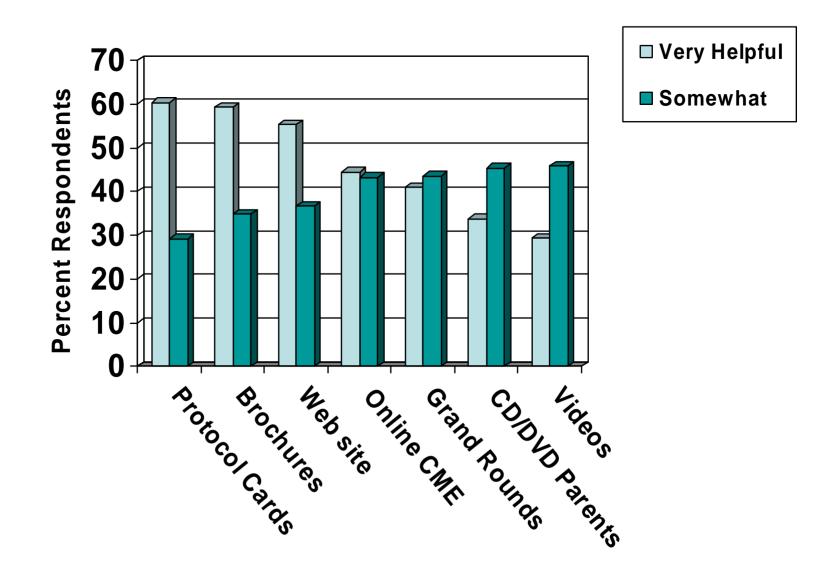
Organization	
AAP	56.8%
AAO	1.9%
AAFP	6.6%
State	1.1%
AMA	.3%
CDC	.5%
USPSTF	.7%

Topics Judged as Needs (In prioritized order):

- 1. Protocol for f/u
- 2. Early intervention
- Contacts for more information
- 4. Screening for late onset SNHL
- Patient Education Resources
- Impact of HL on language

- 7. Screening at well-child visits
- 8. Hearing Aids and cochlear implants
- Genetics and hearing loss
- 10. Counseling families about screening results

Usefulness of Resources



Most Recommended Resources

- 1. Protocol cards
- 2. Patient brochures
- 3. Web sites
- 4. On-line CME*
- 5. Peer education
- 6. Grand rounds materials



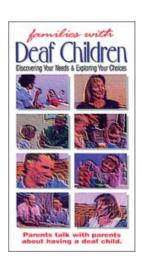
AAP Pedialink



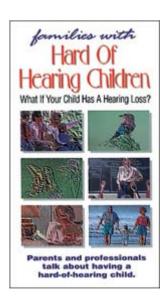


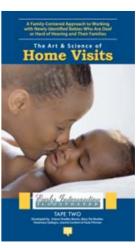
Less Recommended Resources for Physicians

- CDs or DVDs to use in patient education
- Videotapes to use in parent education
- ...but some offices prefer this type of material
- ...reinforces need for multiple avenues









Big Picture: Physicians

- Positive changes seen...more education needed
- "One size" will not fit all
- "Just in time" resources; protocol steps
- Action-oriented
 - medical management
 - counseling families
- Clear, time efficient language
- Peer education and internet resources

Next Steps:

- Manuscript (in preparation)
- Working with National Organizations
 - Nurse practitioners & Pediatric nurses
 - Physician Assistants
 - Nurse Midwives
- Sound Health Connections Conference held in Oct, 2005
- Action plans developed & in progress

Acknowledgments

- Lenore Shisler, NCHAM
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- Russell Smith, University of Nebraska
- Diane Schmidt, BTNRH
- Roger Harpster, BTNRH
- Tom Behrens, NCHAM



Questions?

Annual Conference